



Mountain Spring  
HEALTH CLINIC

**PEDIATRIC INTAKE 0-12 years old DATE:** \_\_\_\_\_

Full Legal Name: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Last Name

First Name

Middle Initial

Preferred Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Birth Weight: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Address \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

street # / PO Box

city

state

zip code

Telephone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (M) \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Gender: Female \_\_\_\_\_ Male: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact Number: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (M) \_\_\_\_\_

How did you hear about our clinic? \_\_\_\_\_

Has any other family member already been a patient at the clinic? \_\_\_\_\_

**COMMUNICATION**

What is the best way to communicate with you between office visits? E-mail / Home ph. / Work ph. / Cell ph.

Is there any place you do NOT want us to leave a message? \_\_\_\_\_

May our practitioner(s) discuss your private medical information with you via e-mail\*? Y N

May we send you educational/promotional materials such as newsletters via e-mail? Y N

**NOTE:** Please be aware that email is not a secure communication, and that discussion of your medical care will become part of your medical record.

**HEALTH HISTORY**

What are your child's most important health concerns? List in order of importance.

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_

What has already been done for the above-mentioned concerns? And what results?

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Does your child have a contagious disease at this time? Y N If yes, what? \_\_\_\_\_

**MEDICATION & SUPPLEMENTS**

Please list all your child's prescription and over-the-counter medications, homeopathic remedies, herbs, vitamins and minerals, or other supplements, with dosages.

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_

**BIRTH HISTORY**

List major patterns of illness present in the child's birth mother, father, or their families:

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Did mother receive:

prenatal care? Y N    prenatal vitamins? Y N    medications? Y N    Please list: \_\_\_\_\_

Did mother:

smoke cigarettes? Y N    drink alcohol? Y N    illicit drugs? Y N    Please list: \_\_\_\_\_

Any difficulties with the pregnancy (nausea, vomiting, bleeding, etc)?

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Type of birth (hospital, home, C-section, etc)? \_\_\_\_\_

Carried to term? Y N If no, how premature? \_\_\_\_\_

Complications of labor or delivery? \_\_\_\_\_

**PREVIOUS ILLNESSES**

Describe difficulties during infancy (colic, ear infections, skin or lung problems, etc):

\_\_\_\_\_  
\_\_\_\_\_

Has your child had any of the following childhood illnesses?

- Diphtheria  Mumps  Strep Throat  German Measles  Rheumatic Fever  Measles  
 Scarlet Fever Other \_\_\_\_\_

How often does your child get:

never	occasionally	frequently	constantly	_____	coughs	_____
colds	_____	_____	_____	_____	diarrhea	_____
sore throat	_____	_____	_____	_____	constipation	_____
earaches	_____	_____	_____	_____	tummy aches	_____

Has your child had any of the following?	When?	Where?
electroencephalogram?	_____	_____
psychological evaluation?	_____	_____
hearing tests?	_____	_____
speech/language tests?	_____	_____

What hospitalizations, surgery, or injuries has your child had? Please give dates and reasons:

\_\_\_\_\_  
\_\_\_\_\_

**IMMUNIZATION HISTORY**

What immunizations has your child had? *Please circle all that apply*

- Diphtheria  Hepatitis B  Polio  inactive (IPV)  
 Diphtheria, Tetanus  Hepatitis C  oral (OPV)

Diphtheria, Tetanus, Pertussis  Influenza (flu shot)  Rubella, single

Tetanus, single  Measles, single  Varicella (chicken pox)

Haemophilus Influenza type b  Mumps, single

Hepatitis A  Measles, Mumps, Rubella (MMR) Other \_\_\_\_\_

Are your child's immunizations current? Y N

If not, please explain: \_\_\_\_\_

Reactions to immunizations? \_\_\_\_\_

**ALLERGIES** *Is your child hypersensitive to:*

Any drugs? \_\_\_\_\_

Any foods? \_\_\_\_\_

Any environmental? \_\_\_\_\_

Was/Is your child: Breast-fed? Y N Formula-fed? Y N

Age solid food was introduced? \_\_\_\_\_

First food introduced (if known)? \_\_\_\_\_

**FOOD & DIET** *Please describe your child's typical food intake.*

Breakfast Lunch Dinner Snacks Beverages \_\_\_\_\_

**HEALTH HABITS** *Does your child:*

Watch TV? Y N hours / day \_\_\_\_\_ Read? Y N hours / day \_\_\_\_\_ Play video games? Y N hours / day \_\_\_\_\_

Play sports? Y N hours / day \_\_\_\_\_ What are your child's favorite activities? \_\_\_\_\_

Day care / School / Home school? (circle) Grade level? \_\_\_\_\_

Does anyone in your household smoke? Y N

Are there pets in the home? Y N What kind? \_\_\_\_\_

**SOCIAL HISTORY**

With whom does your child live? \_\_\_\_\_ Are parents together / divorced / separated? (circle)

If not together, what if any arrangements are made with the other parent (eg. visitation)?

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List age and gender of siblings; indicate half or step-siblings where applicable.

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Were any of the mother's pregnancies not carried to term?

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**ENVIRONMENTAL**

What type of dwelling do you live in? \_\_\_\_\_ How old? \_\_\_\_\_

Water source? \_\_\_\_\_ Type of heat? \_\_\_\_\_

Any difficulties with school? Please describe.

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How would you describe your child's personality? \_\_\_\_\_

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Describe any problems in the following areas:

Digestion: \_\_\_\_\_

Skin: \_\_\_\_\_

Respiratory: \_\_\_\_\_

Urinary: \_\_\_\_\_

How much sleep does your child get? From \_\_\_\_ pm to \_\_\_\_ am. Quality? \_\_\_\_\_

Was your child early or late in rolling over, teething, or talking? \_\_\_\_\_

Is there anything not covered in this questionnaire that you would like to let your doctor know?

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Thank you for your time and effort. We look forward to providing you with the best possible care