

When Seeking Insurance Coverage...

1. Call the number on the back of your insurance card.
2. Ask about Naturopathic or Acupuncture coverage and if you need a referral for treatment.
3. Ask if they cover an Out-of-Network Provider, and if so, what percent they cover. The typical range is 60-80%.
4. Ask if there are any limits or restrictions on treatment. Some insurance companies only cover acupuncture for pain. Find out the maximum dollar amount they will cover in one year.
5. Ask where you should submit and how to submit your super bill (provided by Mountain Spring Health Clinic). This will be your proof of payment, so that your insurance company can reimburse you directly.

* Be sure to inform reception at Mountain Spring Health Clinic that you will be submitting to your insurance company and they will include the ICD9 codes on your super bill.

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